Code # ED01 (2015)

**Bulletin / Banner Change Transmittal Form**

**Undergraduate Curriculum Council** Print 1 copy for signatures and save 1 electronic copy.

**Graduate Council** - Print 1 copy for signatures and send 1 electronic copy to [pheath@astate.edu](mailto:pheath@astate.edu)

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| \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date… **Department Curriculum Committee Chair** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date…  **COPE Chair (if applicable)** |
| \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date… **Department Chair:** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date…  **General Education Committee Chair (If applicable)** |
| \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date… **College Curriculum Committee Chair** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date…  **Undergraduate Curriculum Council Chair** |
| \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date… **College Dean** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date…  **Graduate Curriculum Committee Chair** |
|  | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date…  **Vice Chancellor for Academic Affairs** |

**1.Contact Person** (Name, Email Address, Phone Number)

Brian Church, [bchurch@astate.edu](mailto:bchurch@astate.edu), 680 8103

**2.Proposed Change**

Before a student is officially admitted to the Exercise Science program, admission requirements will need to be met. First, Students must have an overall GPA of 2.75. Second, students must demonstrate successful completion of the following courses with a “C” or better:

PE 1002, Concepts of Fitness

BIO 2201, Human Anatomy and Physiology I lab

BIO 2203, Human Anatomy and Physiology I

BIO 2221, Human Anatomy and Physiology II lab

BIO 2223, Human Anatomy and Physiology II

CHEM 1011, General Chemistry I lab

CHEM 1013, General Chemistry I

**3.Effective Date**

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**4.Justification –** *Please provide details as to why this change is necessary.*

Having entrance requirements will better ensure Exercise Science students will have the necessary level of commitment to achieve success in upper-level courses. These changes are a component of the program review proposed by program consultant Walter Thompson in December 2014.

**Bulletin Changes**

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| **Instructions** |
| **Please visit** [**http://www.astate.edu/a/registrar/students/bulletins/index.dot**](http://www.astate.edu/a/registrar/students/bulletins/index.dot) **and select the most recent version of the bulletin. Copy and paste all bulletin pages this proposal affects below. Follow the following guidelines for indicating necessary changes.**  **\*Please note: Courses are often listed in multiple sections of the bulletin. To ensure that all affected sections have been located, please search the bulletin (ctrl+F) for the appropriate courses before submission of this form.**  - Deleted courses/credit hours should be marked with a red strike-through (~~red strikethrough~~)  - New credit hours and text changes should be listed in blue using enlarged font (blue using enlarged font).  - Any new courses should be listed in blue bold italics using enlarged font (***blue bold italics using enlarged font***)  *You can easily apply any of these changes by selecting the example text in the instructions above, double-clicking the ‘format painter’ icon 🡪 , and selecting the text you would like to apply the change to.*  *Please visit* [*https://youtu.be/yjdL2n4lZm4*](https://youtu.be/yjdL2n4lZm4) *for more detailed instructions.* |

Paste bulletin pages here...

Major in Exercise Science

Exercise Science Admission Requirements

All candidates for a Bachelor of Science in Exercise Science must obtain official admission to the program. Students desiring admission to the ES program must meet the following criteria:

1. Declare major in Bachelor of Science in Exercise Science.
2. Minimum cumulative GPA of 2.75.
3. Completion of the following courses with a grade of “C” or better in each course: PE 1002, BIO 2201, BIO 2203, BIO 2221, BIO 2223, CHEM 1011, and CHEM 1013.
4. Submission of the application to the departmental administrative specialist or the exercise science program coordinator by May 1 to be considered for fall admission or December 1 for spring admission. Applications can be obtained from The Department of HPESS office (221) or any Exercise Science advisor.

Generally, application will occur after completion of 45 hours. Students will be allowed to register for Exercise Science courses (courses with an ES prefix) during registration. Failure to meet the above requirements by the end of the semester will result in the student being dropped from any Exercise Science course.

**Major in Exercise Science**

**Bachelor of Science**

A complete 8-semester degree plan is available at http://registrar.astate.edu/.

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| **University Requirements:** | |
| See University General Requirements for Baccalaureate degrees (p. 41) | |
| **First Year Making Connections Course:** | **Sem. Hrs.** |
| HPES 1013, Introduction to HPESS (Making Connections) | **3** |
| **General Education Requirements:** | **Sem. Hrs.** |
| See General Education Curriculum for Baccalaureate degrees (p. 83)  **Students with this major must take the following (Grade of “C” or better required):**  *MATH 1023, College Algebra or MATH course that requires MATH 1023 as a prerequisite*  *CHEM 1013, General Chemistry I* ***AND*** *CHEM 1011, General Chemistry I Laboratory*  *COMS 1203, Oral Communication (Required Departmental Gen. Ed. Option)* | **35** |
| **Major Requirements:**  Grade of “C” or better required for all Major Requirements | **Sem. Hrs.** |
| BIO 2203 **AND** 2201, Human Anatomy/Physiology I and Laboratory | 4 |
| BIO 2223 **AND** 2221, Human Anatomy/Physiology II and Laboratory | 4 |
| ES 3543, Human Anatomy and Anatomical Fundamentals of Motion | 3 |
| ES 3553, Basic Physiology of Activity | 3 |
| ES 3623, Techniques of Physiological Fitness Assessment | 3 |
| ES 3633, Nutrition for Health, Sport and Exercise | 3 |
| ES 3653, Techniques of Aerobic Conditioning | 3 |
| ES 3713, Cardiovascular Physiology | 3 |
| ES 3743, Research and Statistical Methods in Exercise Science | 3 |
| ES 4673, Exercise Prescription for Special Populations | 3 |
| ES 4683, Exercise Prescription and Fitness Programming | 3 |
| ES 4693, Techniques of Strength Training and Conditioning | 3 |
| ES 4763, Kinesiology | 3 |
| ES 4813, Applied Motor Learning | 3 |
| ES 4843, Practicum/Pre-Internship | 3 |
| HLTH 2513, Principles of Personal Health | 3 |
| HLTH 2523, First Aid and Safety | 3 |
| HLTH 4543, Drug Use and Abuse | 3 |
| HLTH 4633, Health Promotion Assessment Planning | 3 |
| HLTH 4643, Health Promotion Implementation and Evaluation | 3 |
| HPES 1883, Foundations of HPESS  *Must be completed ONLY if HPES 1013 is not completed as the First Year Making Connec­tions Course.* | 0-3 |
| HPES 4896, Internship in HPESS **OR**  HPES 4863, Internship in HPESS I **AND** HPES 4893, Internship in HPESS II | 6 |
| PE 1002, Concepts of Fitness | 2 |
| PE 4843, Philosophy and Ethics in Sport | 3 |
| **Sub-total** | **73-76** |
| **Electives:** | **Sem. Hrs.** |
| Electives | **6-9** |
| **Total Required Hours:** | **120** |